

# LGBTQ YOUTH VIRTUAL SUPPORT GROUP

1ST WEDNESDAY OF THE MONTH  
7:00-8:00 PM

## FOR INDIVIDUALS AGES 15-18 YEARS OLD WHO:

- WANT TO EXPLORE AND STRENGTHEN THEIR UNDERSTANDING OF THEIR SEXUAL ORIENTATION AND/OR GENDER IDENTITY.
- WANT TO TALK WITH PEERS WHO MAY HAVE SIMILAR EXPERIENCES.
- MAY BE STRUGGLING WITH ACCEPTANCE FROM OTHERS OR THEMSELVES.
- WANT A SAFE SPACE TO TALK ABOUT THEIR EXPERIENCES.
- WISH TO GIVE AND RECEIVE SUPPORT AROUND ISSUES OF SEXUAL ORIENTATION AND/OR GENDER IDENTITY.
- WANT TO BETTER UNDERSTAND THE ROLE THAT SEXUAL ORIENTATION AND/OR GENDER IDENTITY PLAYS IN THEIR LIVES.

INTERESTED IN ATTENDING?  
NAMI.NCPA@GMAIL.COM"



**NAMI**

National Alliance on Mental Illness

*North Central Pennsylvania*