

Preparing for your future



Where do I begin?

- Explore interests
- Self advocate
- Understand your disabilities
- Identify and use accommodations & supports



As you graduate

- Know how to use your summary of performance after high school
- Register to vote (age 18)
- Select an adult primary care doctor (by age 21)
- Actively engage with adult agencies

While in school

Practice self advocacy and navigate your path to adult living by setting goals for:

- Post Secondary Education and Training
- Employment
- Independent Living

Stay connected to behavioral and physical healthcare providers



Pennsylvania Secondary

Transition Guide

www.secondarytransition.org



Find Information on:

- * Agencies & Supports
- * Community Living
- * Employment
- * Health
- * Self Determination
- * Recreation & Leisure
- * Financial Supports & Services
- * Post Secondary Education & Resources
- * Schools